



*Metropolitan Youth Orchestra  
of New York*

# The Metropolitan Youth Orchestra of New York

Sunday, March 2, 2025

*The design above is from the 2024-2025 MYO Design Contest,  
created by Nassau Concert Choir member Prashasti Huliya.*

# The Metropolitan Youth Orchestra of New York

Adelphi University Performing Arts Center

Sunday, March 2, 2025 at 3 PM



## **NASSAU TREBLE CHOIR**

*Craig B. Knapp, Music Director*

*Sun Ah Choi, Pianist*

Chatter With the Angels.... African American Folksong  
arr. Betty Bertaux

The Castle of Dromore ..... Traditional Irish Folksong  
(Nº 3 from *Planxty Kelly*) arr. Lori-Anne Dolloff  
*Sebastian Salinas, Solo*  
*Mark Carr, Flute*

Give Us Hope..... Jim Papoulis  
arr. Francisco J. Núñez



# NASSAU CONCERT CHOIR

*Doreen Fryling, Music Director*

*Jeong-Hwa Park, Pianist*

Grow, Little Tree.....Andrea Ramsey

Music Down In My Soul.....African American Spiritual  
arr. Moses Hogan

Lunar Lullaby..... Jacob Narverud

The Spark of Creation.....Stephen Schwartz  
from *Children of Eden* arr. Mac Huff



# The Metropolitan Youth Orchestra of New York

Adelphi University Performing Arts Center

Sunday, March 2, 2025 at 7 PM



Solveig's Song .....Edvard Grieg  
from *Peer Gynt*, Op. 23

*Alana Muniz, Soprano | Cara Verity, Piano*

*Winner of the 2024-2025*

*MYO Concerto and Vocal Competition*



# NASSAU SENIOR TREBLE CHOIR

*Louise O'Hanlon, Music Director*

*Soyoung Kim, Pianist*

Hamisha Asar.....Flory Jagoda  
arr. Nick Page

Orion.....Susan LaBarr

Janeman.....Anonymous Goan Carol  
arr. Patrick Dittamo

*Madalyn Duffy, Corinne Gustavson,  
and Marissa Vollweiler, Soloists*

*Esther Noh, Violin*

*Patrick Kennedy, Percussion*

Itken Pois.....Anna-Mari Kähärä  
*Holly Dunn, Solo*

*Isabelle Eisdorfer, Emma Hampton, and Cecilia Reilly, Trio*



# **NASSAU CHAMBER CHORALE**

*Edward P. Norris III, Music Director*

*Cara Verity, Pianist*

Sure On This Shining Night.....Morten Lauridsen

To Sit and Dream.....Rosephanye Powell

Do Not Stand At My Grave and Weep... Joseph Twist

Abendlied..... Josef Rheinberger  
from *Drei geistliche Gesänge*, Op. 69, N<sup>o</sup> 3

I Got a Home in-a Dat Rock.....Traditional Spiritual  
arr. Moses Hogan

*Avianna Bergold, Nina Bikhman, Denis Calos,  
Josef Hunter, and Kaiden Mayers, Soloists*





# MUSIC DEGREES OFFERED

- BS in Music ..... with concentrations in
  - Composition
  - Jazz Studies
  - Music Therapy
  - Instrumental Performance
  - Piano Performance
  - Vocal Performance
- BS in Music Education
- Music Minor
- Minor in Digital Recording Arts and Music Technology

# AUDITION DATES

- November 9, 2024
- December 14, 2024
- January 25, 2025
- February 15, 2025
- March 15, 2025
- By special appointment
- By video submission



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# About the Soloist



**Alana Muniz**





## **Alana Muniz**

*Winner of the 2024-2025 MYO Concerto and Vocal Competition*

Alana Muniz, soprano, is a senior at Mepham High School. She is a proud member of the MYO Nassau Chamber Chorale. Ms. Muniz was recently part of NYSSMA All-State 2024 and All-County festivals. She was a recitalist in the Juilliard Summer Voice program. She is a proud thespian and President of her Drama club at school. She enjoys performing opera, and recently played Gherardino in the Queens College production of Gianni Schicchi. She would like to thank her mother, and her teacher Jennifer Grimaldi for their continuous support.

# About the Music Directors



**Doreen Fryling**



## **Doreen Fryling**

Doreen Fryling, Ed.D. (Nassau Concert Choir) is in her 29th year as a public school music educator. She currently teaches IB Music and chorus classes at South Side High School in Rockville Centre, NY, and has previously taught K-5 general music and middle school chorus. She teaches graduate courses in music education at Hofstra University in philosophy, research, and curriculum and instruction. Doreen is an active and founding member of the eVoco Voice Collective and served for 8 years on the board as the Special Projects Chair. Doreen has a Doctorate of Education in Learning and Teaching from Hofstra University. Her dissertation is on the psychological and sociological factors that influence persistence in choral singing. She also holds degrees from Susquehanna University and the University of Michigan. In 2015 Doreen was recognized as a semifinalist for the Grammy Music Educator Award. She has been published several times on the NAFME Music in a Minuet Blog and featured in their Member Spotlight Interviews. Doreen currently serves as President of NY-ACDA. Doreen shares her love of music making with her husband, David, and their two children.

# About the Music Directors



**Craig B. Knapp**



## **Craig B. Knapp**

Craig B. Knapp (Nassau Treble Choir) is the current Elementary Music Department Chairperson in the Rocky Point School District where he has been teaching Classroom Music and Chorus, grades 3 through 5, at the Joseph A. Edgar Intermediate School since 1998. A graduate of the Crane School of Music, Mr. Knapp has also studied with distinguished educators and musicians including John Feierabend, Jos Wuytack, Henry Leck, Francisco Núñez, Janet Galván, Will Schmid and Bobby McFerrin. Craig is an Adjunct Assistant Professor at Hofstra University where he teaches "Conversational Solfege" and "First Steps in Music with Orff Schulwerk." He is the co-author of the book, *First Steps in Music with Orff Schulwerk: Sing, Say, Dance, Play* and a contributing author for the book, *Feierabend Fundamentals: History, Philosophy, and Practice*. Craig is a sought-after clinician and choral conductor and has guest conducted for the Connecticut Music Educators' Association Elementary Honors Choir, New Hampshire Music Educators' Association Elementary Honors Choir, Ohio Music Educators' Association Elementary All-State Choir, KONY (Kodály Organization of New York) "Voices United" Festival and Pennsylvania Music Educators' Association Elementary ChorusFest. He has also guest conducted various All-County chorus groups in New York State for the Dutchess, Monroe, Nassau, Orange, Putnam, Rockland, Schoharie, Suffolk, Ulster and Westchester County Music Educators' Associations. Craig is actively involved with NYSSMA (New York State School Music Association), where he recently served on their Curriculum Committee and NYSSMA Manual Committee. Craig is the only educator to simultaneously hold Lifetime Memberships in ACDA, FAME and OAKE.

# About the Music Directors



**Edward P. Norris III**



## **Edward P. Norris III**

Edward P. Norris III (Nassau Chamber Chorale) is the director of Choral Music at Glen Cove HS where he conducts the Mixed Chorus and the Select Chorale. Mr. Norris also teaches courses in Music Theory, and AP Music Theory. He serves as the music director and conductor of the school's musical productions, advisor of the Tri-M National Music Honors Society, and serves as the district's music team leader. During Mr. Norris' tenure at Glen Cove HS, the Mixed Chorus and Select Chorale have only received Gold Medals and Gold Medals with Distinction at the NYSSMA Major Ensemble festivals. In 2013, the Select Chorale was invited to perform at the White House for the President and First Lady, as well as other invited guests. In January of 2016, Mr. Norris and the Select Chorale performed in a concert tour of Italy, including the distinct honor to perform for His Holiness, Pope Francis, at the Feast of the Epiphany at St. Peters. In the spring of 2019, the Select Chorale had the honor of performing at the Music for All National Choral Festival in Indianapolis, Indiana. In February 2023, Mr. Norris' Select Chorale were featured performers at the ACDA National Conference in Cincinnati Ohio. Mr. Norris is a graduate of the Aaron Copland School of Music at Queens College, where he received both his Bachelor of Arts Degree, and his Master's Degree in Music Education. Mr. Norris is extremely proud to be the director of the Nassau Chamber Chorale, and to have performed some of the world's finest choral literature in stunning performance settings. Mr. Norris is extremely grateful for the opportunity to work with these fine young vocalists!

# About the Music Directors



**Louise O'Hanlon**





## **Louise O'Hanlon**

Louise O'Hanlon (Nassau Senior Treble Choir) has been an educator for the past 36 years. She is proud to have spent 31 of those years in the Herricks School District. Ms. O'Hanlon holds a Bachelor of Music and a Higher Diploma in Education from University College in Cork, Ireland, a Master's Degree in Education from Lehman College (CUNY), and certificates in both Orff (Hofstra University) and Kodály (New York University). Louise has been studying choral conducting at Westminster Choir College in Princeton, New Jersey during the summer months. At Herricks HS, Louise teaches Treble Choir, Chamber Choir, and Mixed Chorus. Under Ms. O'Hanlon's directorship, Herricks Chamber Choir has consistently received ratings of Gold and Gold with Distinction for Level VI performance at NYSSMA. Chamber Choir has performed at the ACDA All Eastern Conference in 2012 and at the NYACDA Conference in October 2016. In March 2018 the Herricks Chamber Choir performed at the inaugural Music for All National Choral Festival in Indianapolis and worked with composer and clinician, Dr. Rollo Dilworth. In December 2023, Herricks Chamber Choir has the honor of being one of only two high school choirs to perform at the NYSSMA Winter Conference. Professionally, Ms. O'Hanlon has been a guest conductor for several All-County festivals in Suffolk County. Ms. O'Hanlon's passion for Global Music has led to reading sessions at Westminster Choir College and a presentation at the Crane School of Music. In the fall of 2017, Ms. O'Hanlon presented Global Music workshops at the Balanced Mind Conference and the NYACDA Conference. At MYO, she loves to expose her students to a wide variety of ethnically diverse music. In addition to choral leadership, Ms. O'Hanlon is also a Health Coach, and a Yoga and Mindfulness teacher to both children and adults.

# About the Pianists



**Sun Ah Choi**



## **Sun Ah Choi**

Dr. Sun Ah Choi (Nassau Treble Choir), a native of South Korea, began studying piano at the age of five and continued her musical studies at the Seoul Arts High School in Seoul. She received her Master of Music degree in piano performance from the Manhattan School of Music, as a student of Marc Silverman. She earned her doctorate degree in classical piano performance at Mason Gross School of Arts, Rutgers, New Jersey State University, as a student of Daniel Epstein. Dr. Choi was the First Prize winner of the Korean Piano Association Competition, and was also awarded Second Prize in the Teenager Competition. In the U.S.A., she was the winner of the Special Presentation Award of the Artists International Competition. In addition, she performed in the Sin Choon Music Concert of the Sejong Cultural Center, the Sin Youn Joo Ja Music Concert of the Seoul Arts Center, and in a concert for the Korean Piano Association at the Ewon Cultural Center and Ewha Womans University. As an active soloist and collaborative pianist, she has performed in many solo and chamber recitals in U.S.A., including her Carnegie Hall recital debut in New York City. She has also performed solo recitals at Greenfield Hall, Baisley Powell Elebash Recital Hall, Schare Hall at Rutgers University, and so on. She has participated in the masterclasses of Lazar Berman, and Yong Hi Moon. In addition to performing, She has taught at Hunter College of City University of New York and worked at Rutgers University as an accompanist. She is currently working as an accompanist at Long Island University (C. W. Post).

# About the Pianists



**Soyoung Kim**



## **Soyoung Kim**

Soyoung Kim (Nassau Senior Treble Choir), originally from South Korea, has dedicated her life to the piano from a young age. She graduated from Keimyung University in South Korea, where she holds a Bachelor and Master's degree in piano performance. She continued her piano studies with Yuri Kim at Mannes College of Music, where she received a Master's degree in piano performance. Ms. Kim has also participated in several music festivals as a piano soloist and chamber musician such as The International Academy of Music in Italy, Kromeritz Summer Music Festival in Czech Republic, and Puigcerda International Musica Classica Festival in Spain and France. Beyond musicianship skills, Ms. Kim has a passion for teaching. To further her career, she pursued and completed her Master's degree in Music Education from New York University. Ms. Kim's musical studies have extended to organ playing. Currently, Ms. Kim serves as an organist at Korean-American Presbyterian Church in Queens. She has performed extensively as a collaborative pianist for vocal and instrumental contestants. Ms. Kim was a guest accompanist at Belle Voci Women's Choir. She is currently working for different choral groups in the Herricks and Port Washington school districts. In addition to her career as a collaborative pianist, Ms. Kim is enthusiastic to share her knowledge of music through private lessons with students of various ages.

# About the Pianists



## Jeong-Hwa Park



## **Jeong-Hwa Park**

Jeong-Hwa Park (Nassau Concert Choir) is a highly accomplished pianist, who has been actively teaching and performing as a soloist and chamber musician in South Korea and the United States. She holds a Master of Arts and Doctor of Musical Arts degrees in piano performance from Arizona State University (ASU). Dr. Park has performed at several prestigious venues such as Weill Hall at Carnegie Hall, LeFrak Concert Hall at Queens College, Yamaha Hall in New York City, Old First Concert Series in San Francisco, and the London Piano Festival. Her recent chamber music performance for "Concerts on the Slope" in Brooklyn was broadcast on WWFM The Classical Network. Dr. Park has won numerous awards including a Special Presentation Award from Artists International Presentations, New York; and first prize in The Joseph and Ida Klatzkin Contemporary Solo Keyboard Music Competition and the Arizona State University Piano Concerto Competition resulting in a broadcast of the concerto performance on Arizona public radio, KBAQ. In South Korea, she performed her solo recital at Dajeon Arts and Cultural Center, and a lecture recital at Buam Art Hall in Seoul. She also performed at the College Music Society International Conference in Seoul as a collaborative pianist. As an accompanist, she performed for World Vision Korea Children's Choir and was invited to accompany the National Choir of Korea on tour, resulting in several concerts which were broadcast on Korean national television. Currently, Dr. Park is an adjunct assistant professor at Nassau Community College and serves on the piano faculty at the Eisman Center for Preparatory Studies in Music at Queens College and Brooklyn Conservatory of Music.

# About the Pianists



**Cara Verity**





## **Cara Verity**

Cara Verity (Nassau Chamber Chorale) received her Bachelor of Music Degree from Butler University and her Master's Degree in Music Education from Hofstra University. She currently serves as Music Teacher at Miller Avenue School in the Shoreham-Wading River Central School District, where she founded the K-2 choral and musical theater program. In addition to accompanying the Nassau Chamber Chorale since 2007 and Suffolk Treble Choir since 2022, Mrs. Verity has been accompanying youth and collegiate vocal ensembles for more than twenty years, including various SCMEA, NMEA, and All-County festival choirs. She has also been teaching privately for 25 years, preparing and/or accompanying many singers and instrumentalists for NYSSMA festivals, college entrance auditions, competitions, and collegiate-level recitals. Prior to teaching full-time, Mrs. Verity worked at professional theaters across the country as a musical director, director, and choreographer. She also spent many years developing and running youth theater programs for ages 5-18.

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## Musicians by Ensemble



# **NASSAU TREBLE CHOIR**

Sofia Abbruzzese, Shelter Rock Elementary #

Nyla Bailey, Herricks MS

Aryahi Banerjee, Jericho MS

Kara Baroni, Hicksville MS #

Quinn Benedetti, M.F. Stokes Elementary

Nayla Bennekaa, Herricks MS

Noah Bhuiyan, Roslyn MS

Joseph Brill, Cold Spring Harbor Jr./Sr. HS

Julianna Isabelle Cruz, Wisdom Lane MS

Mila Daniels, Bayville Intermediate School

Abigail Ezeadichie, J.A. Dever Elementary

Maya Friedberg, Shelter Rock Elementary

Samantha Garnier, J.A. Dever Elementary

Abigail Gervase, East St. Elementary

Safiah Hercules, Woodmere MS

Ireland Hill Hotz, Wantagh Elementary

Ireland Hill-Hotz, Wantagh Elementary

Caitlyn Hunte, J.A. Dever Elementary

Chase Hunte, Valley Stream North HS

Ellie Kim, E.M. Baker Elementary

Annika Korovesi, Woodmere MS

Emmanuel Mohammed, Hicksville MS #

Robert Moran, Oaks Elementary Nº 3

Aryahi Mukherjee, Fork Lane Elementary

Sahasra Nadimpalli, Hicksville MS #

Olivia Owens, Stewart School

Alara Ozluturk, Manorhaven Elementary

Erik Porter, Hicksville MS

Radhika Prajapati, Hicksville MS

Tony Pugliese, John Street School

# NASSAU TREBLE CHOIR

*(Continued)*

Shivaani Ramkumar, Jericho MS

Adriana Ross, Denton Ave. Elementary

Sebastian Salinas, Denton Ave. Elementary

Eric Schmidt, Hicksville MS #

Colin Siple, Glen Head Elementary

Isabella Skelly, Locust Valley MS

Alyza Sumnani, Herricks MS

Samuel Warschawski, Schechter School of Long Island

Kira Warshawski, Woodmere MS #

Johanna Zimmermann, James Ambrose School PS 115Q #

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# **NASSAU CONCERT CHOIR**

Jillian Accetta, North Shore MS #

Riley Alexander, Herricks HS

Gabriella Amato, South Side HS

Sofia Boutsikos, Jericho MS

Nyla Bowen, North Central HS

Julianna Bragino, South Side HS

Olivia Bragino, South Side HS

Angelica Chan, South Woods MS

Olivia Chen, Plainview-Old Bethpage MS

Julie Cho, Bethpage JFK MS

Charlotte Cronin, Manhasset MS #

Endora Dilisio, Manhasset MS

Sophia DiMascio, St. Joseph School

Rhea Dutt, Hicksville MS

Maureen Gallagher, Homeschool

Eliana Hakim, Manhasset MS

Prashasti Huliya, The Wheatley School

Madison Ju, Plainview-Old Bethpage JFK HS

Reyna Kamity, Herricks HS

Leela Kissane, Buckley Country Day School

Gabriela Leder, C.P. Weber MS

Adiah Lee, Long Island Lutheran MS

Charlie Majewski, Bethpage JFK MS

Nitya Malhotra, H.B. Thompson MS

Emme Merabi, Jericho MS

Hasmig Mouradian, Manhasset HS

Simone Mukherjee, Jericho MS

Eva Oleynikova, North Shore MS

Danielle Olowolabi, Buckley Country Day School

Caitlin O'Mullan, Garden City MS

# NASSAU CONCERT CHOIR

*(Continued)*

Sophia Panagiotakos, Manhasset MS

Saanvi Patel, Hicksville MS

Renata Pesce, Kellenberg Latin School

Cecilia Pinero, Kellenberg Latin School

Sophie Pitt, Manhasset MS

Haley Prabhakar, Baldwin MS

Eileen Ren, Jericho MS

Fernanda Rivera, Manhasset MS

Hanna Roth, Friends Academy

Medha Saha, H.B. Thompson MS

Hailey Santos, Manhasset HS

Shreya Satpathy, W.T. Clarke HS

Sayali Sharma, Plainview-Old Bethpage MS

Nithya Singhal, Willets Road School

Eirini Stavropoulos, Buckley Country Day School

Annaleigh Stone, Bethpage JFK MS

Isabella Surber, Syosset HS

Aashna Venkatesh, Herricks HS

Leyla Vitale, Garden City MS

Gabrielle Wang, Great Neck South MS

Emma Win, Herricks MS

Violetta Young, Cold Spring Harbor Jr./Sr. HS

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# **NASSAU SENIOR TREBLE CHOIR**

Mosie Bradley, Oyster Bay HS

Rachael Catalano, MacArthur HS

Elana Cohen, East Meadow HS

Samantha DiFranco, W.C. Mepham HS

Madalyn Duffy, The Wheatley School

Holly Dunn, Homeschool #

Deana Durso, Garden City HS

Isabelle Eisdorfer, Half Hollow Hills HS East

Gladys Gil, Syosset HS +

Eliza Gill, MacArthur HS

Samrita Gulati, East Meadow HS

Corinne Gustavson, Seaford HS #

Emma Hampton, Oyster Bay HS

Mairead Hill-Hotz, St. Anthony's HS

Alexa Jakubowski, W.C. Mepham HS

Ifrah Jalil, Herricks HS

Maya Kaul, Friends Academy

Kyungseo (Katie) Kim, Long Island Lutheran HS

Melanie Luis, Westbury HS

Katherine Norris, Smithtown HS West

Mia Paul, Herricks HS

Mariela Pavlica, W.C. Mepham HS

Adriana Pincic, Roslyn HS

Mia Pinto, North Shore HS

Julia Price, North Shore HS

Cecilia Reilly, North Shore HS #

Maya Shah, Manhasset HS

Marissa Vollweiler, Plainview-Old Bethpage JFK HS

Claire Yim, Herricks HS

Anna Zou, Herricks HS

+ All-State Participant

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# **NASSAU CHAMBER CHORALE**

## **Soprano I**

Avianna Bergold, West Islip HS

Zara Gill, MacArthur HS

Hannah Islas, S.H. Calhoun HS

Alana Muniz, W.C. Mepham HS +

Ria Savan, East Meadow HS +

## **Soprano II**

Safiya Bhuiyan, Roslyn HS

Eliana Conrad, Bellmore-Merrick JFK HS

Leah Del Orbe, New Hyde Park Memorial HS

Hailey Hartmann, Bethpage HS #

Alice Huang, Syosset HS ^+#

Julianna Miano, Great Neck North HS ^+

Reilly Sanfilippo, Long Beach HS

## **Alto I**

Isabella Digena, Island Trees HS ^+

Alyson Kingsley, Hicksville HS

Manal Layachi, Valley Stream North HS

Eden Pang, Herricks HS

Elena Surber, Syosset HS ^+

Caroline Winchester, North Shore HS

## **Alto II**

Nina Bikhman, Great Neck North HS ^+

Axel Glatt, North Shore HS +

Nichole Manalil, East Meadow HS

Kayla Mancuso, Hicksville HS

Victoria Pierre-Louis, Amityville Memorial HS +

# NASSAU CHAMBER CHORALE

*(Continued)*

## **Tenor I**

Miles Cohen, Herricks HS

James Herard, South Side HS

Matthew Kilfeather-Bonello, Hicksville HS #

## **Tenor II**

Elijah George, Herricks HS #

Josef Hunter, North Shore HS #

Mark Porter, Hicksville HS

## **Bass I**

Denis Calos, Roslyn HS

John Ryan Chaplin, Hicksville HS ^+

Nathaniel Ma, Half Hollow Hills HS East

Kaiden Mayers, W.T. Clarke HS +

Michael Renga, Glen Cove HS

## **Bass II**

Shohom Chakraborty, New Hyde Park Memorial HS

Kjell Goldstein, Portledge School

Luke Morita, Long Beach HS

^ All-Eastern Participant

+ All-State Participant

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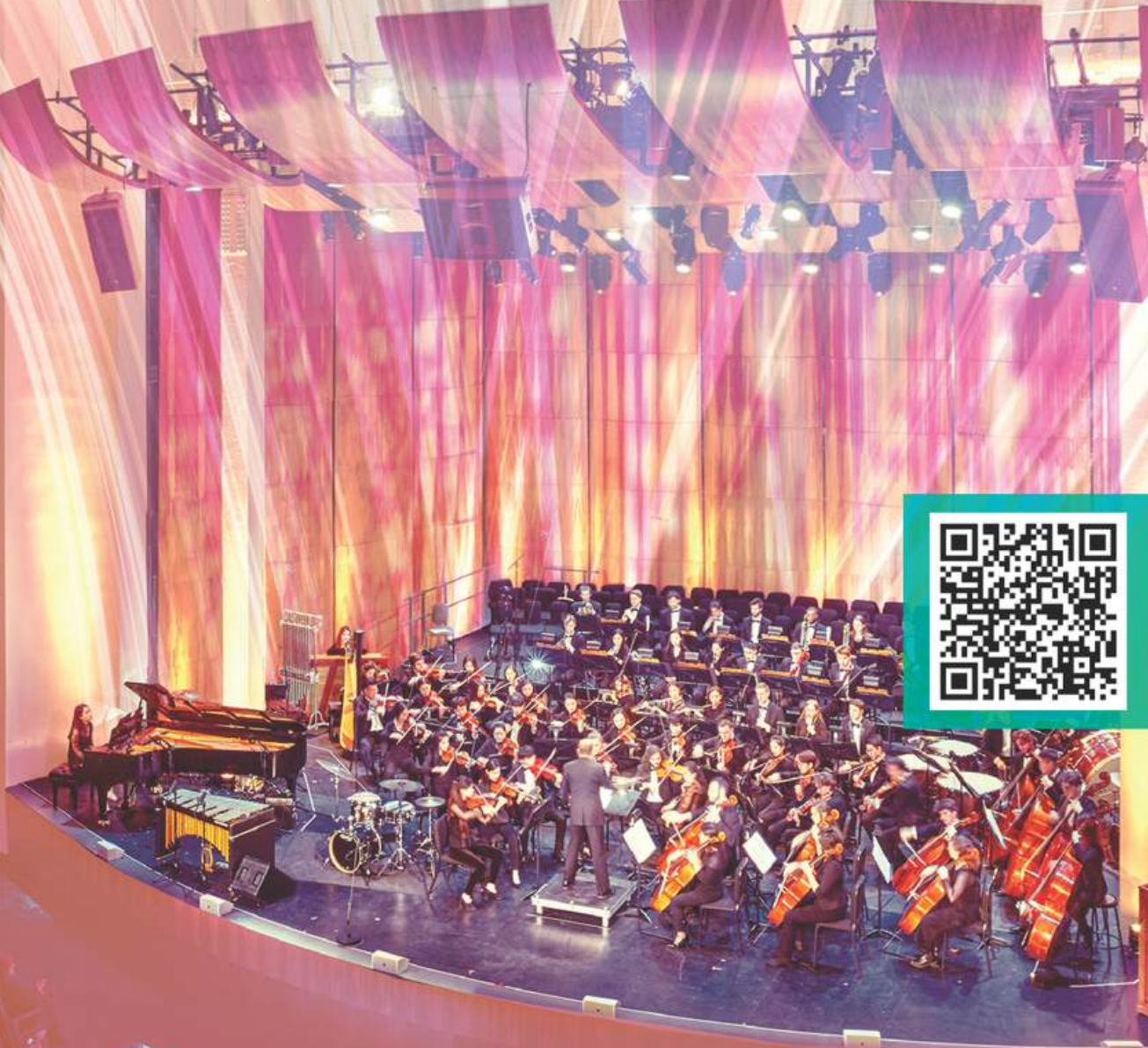
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## **About MYO**

The Metropolitan Youth Orchestra of New York (MYO) is committed to fostering a community of talented young musicians from Long Island and providing them with an opportunity to rehearse and perform choral and orchestral masterworks at the highest possible level with recognized leaders in music education and performance. Founded in 1993 by John C. McNeur, MYO has grown from a 15-piece orchestra to seven orchestras and seven choirs, serving over 800 musicians between the ages of 8 and 18. MYO enjoys a rich tradition of international summer performance tours, beginning with the 1997 tour to Germany, France, and Austria through the most recent tour to France in July 2024.

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*Dr. Randy E. Rusielewicz, Principal*

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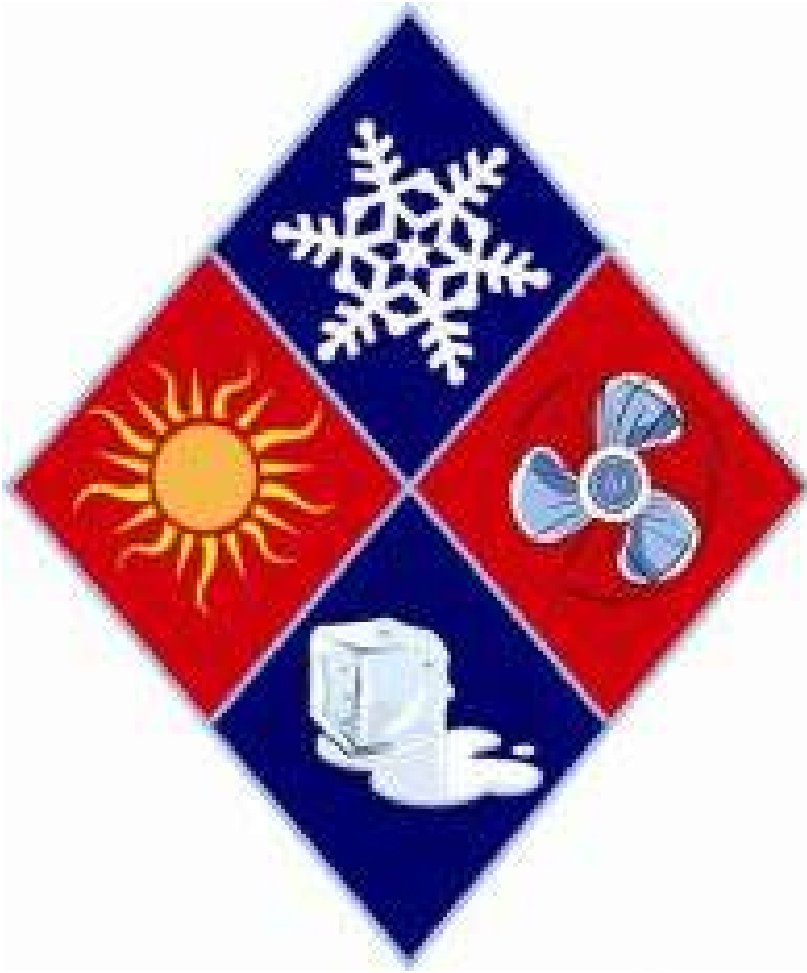
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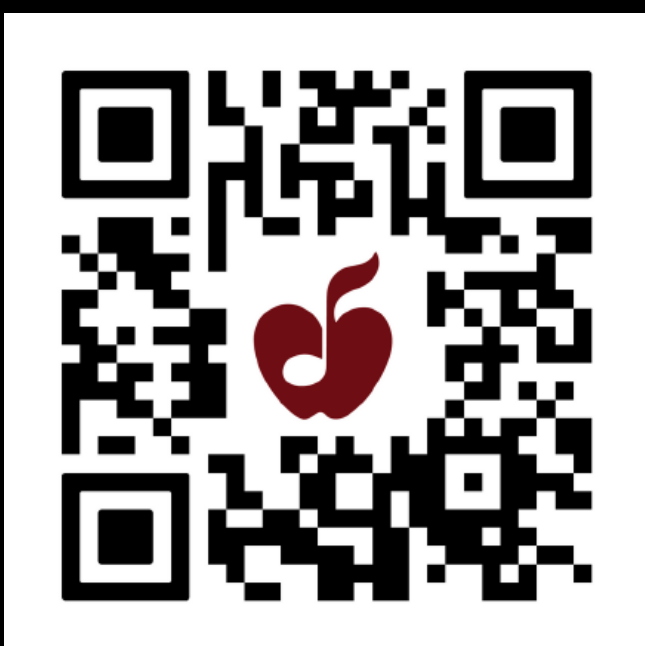
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